

## STATE OF HAWAII DEPARTMENT OF HEALTH

ADULT MENTAL HEALTH DIVISION P.O. Box 3378 HONOLULU, HAWAII 96801-3378 In reply, please refer to:

August 30, 2005

Dear Applicant:

RE: ADDENDUM 3 TO RFP HTH 420-1-06

The following changes have been made to RFP HTH 420-1-06

Section 2 has been changed as follows:

a. The first paragraph in Section 2. III. A. 1. on page 2-17 has been deleted and replaced with the following paragraph.

Provide and complete an assessment for each consumer referred for outpatient treatment and/or TCM services. The assessment shall be completed through face-to-face contacts with the consumer and, with the consumer's consent, significant others involved with each consumer's treatment. The assessment shall be comprehensive and shall include, but not be limited to, each consumer's strengths, preferences, abilities, needs, and other current and historical data regarding the consumer's family, social support, medical status, including psychiatric illness, substance abuse, legal, employment, education, abuse and neglect issues, and activities of daily living. "Assessment entails more than information gathering. It is the start of building a trusting, helping, healing relationship, the forging of an alliance upon which to build a plan that is responsive to the consumer's and family's needs." (Yawn 2004 and National Council News)

- b. In Section 2. III. A. 5. on pages 2-18 and 2-19, paragraphs b.- d. have been deleted and replaced with the following:
  - b. Individual Therapy This service includes therapeutic interaction by a Qualified Mental Health Professional (QMHP) as defined in Section 5, Attachment F, to address the consumer's therapeutic goals by providing emotional support, developing insight, producing cognitive/behavioral change, improving decision-making, and/or reducing stress. Individual therapy may include education about management of a behavioral health and/or substance use disorder, including relapse prevention and recovery strategies.

- c. Group Therapy This service includes therapeutic interaction by a Qualified Mental Health Professional (QMHP) as defined in Section 5, Attachment F, to address the consumer's therapeutic goals in a group of unrelated persons by providing emotional support, developing insight, producing cognitive/behavioral change, improving decision-making, and/or reducing stress. Group therapy may include education about management of a behavioral health and/or substance use disorder, including relapse prevention and recovery strategies.
- d. Family Therapy This service includes therapeutic interaction by a Qualified Mental Health Professional (QMHP) as defined in Section 5, Attachment F, with family members or significant others, with or without the presence of the consumer, to address the consumer's therapeutic goals by providing emotional support, developing insight, producing cognitive/behavioral change, improving decision-making, and/or reducing stress. Family Therapy may include education about management of behavioral health and/or substance use disorder, including relapse prevention and recovery strategies. The service may be provided to multiple families.
- c. In Section 2. III. B. 1. b. on page 2-22, paragraphs 3) and 4) have been deleted and replaced with the following:
  - 3) Individual group and family therapy shall be provided by Qualified Mental Health Professionals (QMHP) as defined in Section 5, Attachment F.
  - 4) Substance abuse treatment, including substance abuse assessments, individual and group therapy, for those with co-occurring disorders may be provided by an individual who is Hawaii State certified substance abuse counselor pursuant to Section 321-193 (10), Hawaii Revised Statutes.

Thank you for your attention to this change.

Sincerely,

AMY YAMAGUCHI Administrative Officer Adult Mental Health Division